

Spiritual Goal Setting

I. I desire to be filled with the knowledge of the Lord's will through (Col 1:9):

- A. **Bible Study** – I commit to read the Bible (meditate on His Word) _____ days a week for _____ minutes/hours a day. I will start my devotion time at _____ am/pm. I will sit to do my devotion in my _____ (location) (Josh 1:8; Matt 6:33; Ps 1:2).
- B. **Prayer** – I commit to “be still” and to pray for _____ minutes each day (Matt 5:44, 6:6, 7:7; Eph 6:18; Phil 4:6-7; 1 Thes 5:17).
- C. **Scripture Memory** – I commit to memorize _____ scriptures per month (Deut 6:6; Ps 119:11).
- D. **Worship** – I commit to be faithful in weekly attendance in church and small groups (John 4:23-24; Heb 10:24-25). Circle one of the following:
Yes No Maybe (Rev 3:15-16)
- E. **Service** – I commit to use my gifts and serve to advance the work of the Kingdom. The area of ministry where I am being called to serve is _____ (John 13:12-17).
- F. **Discipleship** – I commit to get involved in a small group discipleship class (Proverbs 27:17; 2 Tim 2:2). I will start _____.

II. To improve my daily walk with the Lord (Col 1:10), I commit to change in the following areas (circle those that apply);

- A. Serving the Lord vs. serving idols (Matt 6:19-21).
- B. Serving others vs. serving self (Luke 9:23; John 13:13-17).
- C. Speaking truth in love (Eph 4:15).
- D. Sharing the gospel more (Matt 28:19-20; Eph 6:19-20).
- E. Encouraging others vs. criticizing (Eph 4:29-31).
- F. Giving: tithes and offerings as an act of worship (Mal 3:10; 2 Cor 9:6-8; Gal 6:6)
- G. Fleeing immorality - TV shows, movies, magazines, internet, relationships etc. (Job 31:1; 2 Tim 2:22; 1 Thes 4:3).
- H. Forgiving others vs. dealing in anger, resentment, and bitterness (Eph 4:31-32; Matt 18:21-35).
- I. Responding in humility vs. in pride (James 4:7; 1 Peter 5:5-10).
- J. Read Christian books and listen to Christian music (Phil 4:8).
- K. Replace jealousy and covetousness with contentment in whatever state I am in (Phil 4:11-13).
- L. Step up, stand in the gap, and be a light for the Lord (Ezek 22:30; Matt 5:16).
- M. Other areas of improvement I need to make in my walk:

Note: For those items that you circled, take a separate piece of paper and write out the specifics of how you plan (1 Cor 14:40) on improving, when you plan on starting, and with whom specifically you need to make improvements (i.e. boss, co-worker, spouse, child, parent, neighbor, Sunday school teacher).

III. For those who are married or have children, please complete the following:

- A. **Family Devotions** – I commit to have _____ family devotions per week (Deut. 6:6-7).
- B. **Family Dinner** – I commit to have a sit down dinner as a family _____ times per week (Proverbs 31:15a).
- C. **Conversation** – I commit to meet with my spouse _____ times per week to communicate about our lives, family, and walk with Christ. Our conversations will be in a spirit of gentleness (Ephesians 4:29, 1 Peter 3:7).
- D. **Discipleship** – I commit to disciple my child/children individually _____ days a week (2 Tim 2:2; Deut 6:6-7).
- E. **Family Prayer** - I commit to pray with my family and my spouse daily.

Circle one of the following:

Yes

No

Maybe (Rev 3:15-16)

IV. For the man in the family, please complete the following:

I commit to faithfully lead my family in all of the above. Please circle one of the following:

Yes

No

Maybe (Rev 3:15-16)

Jesus says in John 14:15, “If you love Me, keep My commandments”. This is how you habitually persevere to develop the attributes of a faithful believer.

Signed _____

Date _____