

# THE MARKS OF A REAL MAN

- 1) Real Men Love the Lord their God  
Real men seek God first in all they do. They love the Lord with all their heart, mind, soul, and strength. They honor Him with all they think, say, and do.  
Deuteronomy 6:4-5; Matthew 6:33; Matthew 22:36-38
- 2) Real Men Love Others  
Real men love others as Christ loves them. They die to self, esteem others better than themselves, and desire God's best for others. Real men take up their cross daily for others.  
Matthew 22:36; John 13:34-35; Philippians 2:3-4; 1 John 4:7-11
- 3) Real Men Obey and Honor their Parents  
Real men believe in first time obedience to their parents. They show a loving respect for their parents and always give them a place of honor in their heart.  
Exodus 20:12; Ephesians 6:1-3
- 4) Real Men Are Holy and Pure  
Real men are pure in heart and flee anything that could cause them to stumble. They make choices daily to keep themselves holy and pure, sanctified (separated) for God. They flee sexual immorality.  
Matthew 5:8; 2 Corinthians 7:1; 1 Thessalonians 4:3; 2 Timothy 2:22
- 5) Real Men Are Honest  
Real men are honest in their dealings with others and with the Lord. They speak the truth in love and do not gossip. They are willing to accept the consequences of speaking truth.  
1 Samuel 12:1-5; Proverbs 6:16-19; Proverbs 20:7; Ephesians 4:14-15, 25
- 6) Real Men Obey God and His Word  
Real men know that obeying God and His word shows their love of Jesus. God desires obedience over sacrifice. We are called to be doers of the word and not just hearers.  
Exodus 19:5-6; 1 Samuel 15:22-23; John 5:34; John 14:15; James 1:22-25
- 7) Real Men Respect Authority  
Real men are subject to the authorities over them (as long as it does not break the law or cause them to sin) because they know that all authority is ordained by God. They are faithful to obey the law and to pay their taxes.  
John 12:49-50; Romans 13:1-7; 1 Peter 2:13-17

- 8) Real Men Forgive Others  
Real men forgive others as Christ forgave them. They know that unforgiveness is sin and can cause a root of bitterness to dwell in their hearts.  
Matthew 6:14-15; Matthew 18:21-35; Colossians 3:13
- 9) Real Men Fear the Lord  
Real men have a reverential fear of the Lord and as a result keep His commandments. They know that God is a just God, but there are consequences for disobedience and sin.  
Deuteronomy 6:13; Deuteronomy 13:4; Psalm 33:8-9; Proverbs 1:7;  
Ecclesiastes 12:13
- 10) Real Men Live by the Spirit and not the Flesh  
Real men walk by the spirit so they will not fulfill the desires of their flesh. They allow the Holy Spirit to guide them at all times.  
Luke 9:23; Galatians 5:16-24; Ephesians 5:18
- 11) Real Men are Humble and not Proud  
Real men know that God resists the proud and rewards the humble. They know that when they are meek in spirit, they are blessed and God will exalt them in due time.  
Matthew 5:5; 1 Corinthians 10:12; James 4:6; 1 Peter 5:5-6
- 12) Real Men Speak Encouraging Words  
Real men speak no corrupt words, but speak words that only build up and encourage others. They do not swear, speak corrupt words, or speak in wrath or anger.  
Matthew 12:31-37; Ephesians 4:29-32; Colossians 3:8
- 13) Real Men Work Hard and Provide  
Real men work unto the Lord. They are not lazy and are always willing to work hard for the benefit of their family and for others.  
Genesis 3:17-20; Proverbs 6:6-11; Matthew 10:10; 1 Timothy 5:8
- 14) Real Men Read God's Word Daily  
Real men meditate on God's revealed word daily. They allow it to be a lamp unto their feet and a light to their path. Through their daily reading, they are filled with the knowledge of His will in all wisdom and spiritual understanding which allows them to live a life of obedience.  
Psalm 119:11, 105; Isaiah 58:2; Acts 17:11; Colossians 1:10; 2 Timothy 2:15
- 15) Real Men are Faithful in Church  
Real men do not forsake assembling together to worship the Lord. They gather for doctrine, fellowship, breaking of bread, and for prayer.  
Acts 2:42-47; Hebrews 10:24-25

- 16) Real Men Trust in the Lord  
Real men trust in the Lord with all their heart, they do not depend on their own understanding, but allow the Lord to direct all of their ways.  
Job 13:15; Psalm 34:1-22; Psalm 37:3-4; Proverbs 3:5-6; Proverbs 16:20  
Matthew 11:28-30
- 17) Real Men Praise and Worship the Lord  
Real men know from where all their blessings come, and they continually praise and worship the Lord for the life that He gives, for His eternal salvation, and for His everlasting mercy and love.  
Nehemiah 9:5-6; Daniel 2:19-23; Psalm 56:9-10; Psalm 70:4; Psalm 96:8-10;  
Psalm 148:1-14; Psalm 150:1-6
- 18) Real Men are Disciplined  
Real men are disciplined spiritually, physically, and mentally. They learn to be content in whatever state that they are in. They know that the Christian race is not a sprint, but a marathon.  
1 Corinthians 9:24-27; Philippians 4:11; 1 Timothy 4:8; 2 Timothy 2:3-6;  
Hebrews 12:1-2
- 19) Real Men Serve  
Real men follow the example of Christ who came to serve and not to be served. They understand that no matter what position in life that they find themselves, that they are to continually serve the Lord and serve others for His glory.  
Matthew 20:26-28; John 13:12-17; 1 Corinthians 16:15-16
- 20) Real Men Pray  
Real men pray without ceasing. They pray that their daily walk would be holy and pure, they pray for their family, and they pray for others. They pray for the Lord's wisdom and direction in all of their affairs.  
2 Samuel 5:17-19; 1 Kings 3:1-15; 2 Chronicles 7:14; Nehemiah 1:4-11;  
Matthew 5:5-13; Mark 1:35; 1 Thessalonians 5:17
- 21) Real Men Give  
Real men give of themselves for the Lord's work. They give of their time, their resources, and they give their heart to the Lord. God is their example who so loved the world that He gave His only Son so that we could have eternal life in Him.  
Exodus 35:5; Matthew 5:40-42; Matthew 6:1-4; John 3:16, 2 Corinthians 9:6-7
- 22) Real Men Lead Others to Christ  
Real men are faithful to the command to go and make disciples and to share with others the good news of the gospel of Jesus Christ.  
Matthew 28:18-20; John 1:40-46; 1 Corinthians 15:3,4

## **For men who are married, the following also apply:**

23) Real Men Lead

Real men lead their families spiritually. They lead them to church, in prayer, in Bible study, and in giving. They are a godly example to their wife and family.

Genesis 1:26; Joshua 24:15; Romans 12:8; 1 Corinthians 11:3; Ephesians 5:22-23; Philippians 4:8-9, 1 Timothy 3:4-5

24) Real Men Love their Wives as Christ Loved the Church

Real men love their wives unconditionally. They love their wives as Jesus Christ loved the church, who suffered for the church, served the church, and was willing to die for the church. This love is not a feeling but something real men do.

Ephesians 4:25-33; Philippians 2:3-5; Colossians 3:19

25) Real Men Seek to Understand their Wives

Real men dwell with their wives with understanding. Through understanding their wives, they are able to lead them, nourish them, and bless them in a way that honors their wife and the Lord.

Proverbs 10:19; Luke 9:23; James 1:19-20; 1 Peter 3:7

26) Real Men Teach their Families God's Word

Real men study God's word and burn it in their hearts. They know it takes time and discipline and then they are faithful to teach it to the families. They don't depend on others to spiritually provide for their families, but they know that it is their responsibility and they are faithful to do it.

Deuteronomy 6:4-7; Deuteronomy 10:12-13; Ezra 7:10; 2 Timothy 2:2